

This Month in the Cafeteria

Community: Together . . . We Can Do Great Things

There isn't anything that equals the power of teamwork to achieve magnificent results. Teamwork creates tireless spirit, selflessness and dedication. Teamwork can be strengthened by setting individual and team goals.

Consider finding a team that establishes constructive goals for your children such as team sports, clubs, school or community gardens, groups that work on saving the planet, decrease hunger or helping a family member. No matter which type of team project selected; kids working together lead to great things.



Sodexo is a partner in the MyPyramid Corporate Challenge to promote healthy food and lifestyle choices. For more information on healthy eating, visit www.mypyramid.gov.

The Five Components of a NSLP Lunch are:

Meat/Protein Alternative, Bread/Grain, Fruits, Vegetable and Milk. We strongly encourage all students buying lunch to take at least three of the five components. It is important to have a well balanced meal, so you can excel in the afternoon.

Work while your child is in school

Foodservice positions available. No experience necessary, but preferred. Paid training, if interested call Michael Schmitt at (973) 317-2239

MONTHLY OBSERVANCES:

Youth Leadership Month
Potato Lover's Month
American Heart Month
Library Lover's Month

Available Daily:

Cheeseburger
Cheese Pizza
Pepperoni Pizza
Made to Order Deli
Grab & Go Salads
French Fries
Tossed Salad
Fresh Fruit
Fresh Vegetables
Low Fat Milk

(Focus on Fruits & Vegetables)

WE SERVE:

**TYSON CHICKEN
MCCAIN F.F.
AVAILABLE DAILY**

Enjoy some Fresh Baked Goodies at your Jazzman Cafe, located next to the cafeteria.

Take advantage of Meal Deals, which include the lunch entree, a side portion of fries and a 16 ounce fountain beverage \$3.25

Our foodservice facility prepares and serves some products which may contain ingredients identified as food allergens. For more information on food allergies, go to www.besmart-eatsmart-livesmart.com.



*Happy Valentine's Day
February 14th*



MONDAY

Creations Station 1
 Spaghetti Puttanesca w/Garlic Bread
Favorites
 Cheese Quesadilla
Grill Station
 Meatball Hero
Pizza Station
 Pineapple & Ham Pizza
Deli Station
 Chicken Finger Wrap
SE- Chef Salad

TUESDAY

Creations Station 2
 Three Cheese Baked Ziti w/Garlic Knot
Favorites
 Popcorn Chicken Basket
Grill Station
 Sausage & Pepper's Hoagie
Pizza Station
 Four Cheese Pizza
Deli Station
 Bacon Ranch
 Chicken Sandwich
SE- Chicken Caesar Salad

WEDNESDAY


Creations Station 3
 Penne w/Pink Vodka Sauce & Garlic Knot
Favorites
 BBQ Pulled Pork Sandwich
Grill Station
 Monte Cristo Sandwich
Pizza Station
 Taco Pizza
Deli Station
 Roasted Veggie Wrap
SE- Oriental Salad w/Mandarins

THURSDAY

Creations Station 4
 Beef Empanadas
Favorites
 Penne Carbonara
Grill Station
 Mushroom w/Swiss Burger
Pizza Station
 Mozzarella Sticks w/Marinara
Deli Station
 Egg Salad on Whole Wheat Roll
SE- Chicken Pesto Salad

FRIDAY

Creations Station 5
 Chicken Tenders Basket w/French Fries
Favorites
 Spaghetti & Meatballs
Grill Station
 Bacon Ranch Cheeseburger
Pizza Station
 Bruschetta Pizza
Deli Station
 Turkey Club
SE- Taco Salad

Creations Station 8
 Macaroni & Cheese
Favorites
 Soft Taco w/Lettuce, Tomatoes & Cheese
Grill Station
 Meatloaf Sandwich
Pizza Station
 Personal Pepperoni Pizza
Deli Station
 Ham & Swiss on Kaiser
SE- Chef Salad

Creations Station 9
 Three Cheese Baked Ziti w/Garlic Knot
Favorites
 Popcorn Chicken Basket
Grill Station
 Sausage & Pepper's Hoagie
Pizza Station
 Four Cheese Pizza
Deli Station
 Bacon Ranch
 Chicken Sandwich
SE- Chicken Caesar Salad

Creations Station 10
 Sushi - California Roll
Favorites
 Chili Bowl w/Toppings Bar
Grill Station
 Twin Hot Dogs
Pizza Station
 Pizza Pomodoro
Deli Station
 Chicken, Roasted Peppers & Provolone on Ciabatta Roll
SE- Taco Salad

Creations Station 11
 Spaghetti & Meatballs w/Garlic Bread
Favorites
 Southwest Chicken Panini
Grill Station
 Cuban Sandwich
Pizza Station
 Three Cheese Pizza
Deli Station
 Turkey BLT
SE- Chicken Pesto Salad

WINTER RECESS

 = Vegetarian Item

WINTER RECESS



WINTER RECESS

Creations Station 17
 Sweet & Sour Chicken over Rice Pilaf
Favorites
 Macaroni & Cheese
Grill Station
 Chicken Parmesan Hoagie
Pizza Station
 Pepperoni Eppy Roll
Deli Station
 Hummus Roasted Vegetable Wrap
SE- Chicken Caesar Salad

Creations Station 18
 Cheese Steak
 Toppers Station
Favorites
 Chicken Picatta
 Tuna Melt
Pizza Station
 Chicken Parmesan Pizza
Deli Station
 Ham & Cheddar Wrap w/Maple Mustard
SE- Chef Salad

Creations Station 19
 Chicken Nugget Basket
Favorites
 Fettuccine Alfredo
Grill Station
 Double Cheeseburger
Pizza Station
 Bruschetta Pizza
Deli Station
 Turkey Club on Whole Wheat
SE- Oriental Salad w/Mandarins

Creations Station 22
 Ham & Cheese Omelet
Favorites
 Penne Pasta in a Pink Vodka Sauce
Grill Station
 Tuna Melt
Pizza Station
 Pineapple & Ham Pizza
Deli Station
 Turkey BLT Wrap
SE- Chef Salad

Creations Station 23
 Steak Quesadilla w/Toppings
Favorites
 Penne w/Alfredo or Marinara
Grill Station
 Meatball Sub
Pizza Station
 Pizza Dippers w/Marinara
Deli Station
 Turkey & Provolone w/Roasted Pepper Spread on Whole Wheat Sub
SE- Chicken Caesar Salad

Creations Station 24
 French Toast Sticks w/Tater Tots & Sausage Links
Favorites
 Baked Ziti w/Garlic Knot
Grill Station
 Grilled Vegetable Panini w/Pesto Baguette
Pizza Station
 Meat Lover's Pie
Deli Station
 Chicken Caesar Wrap
SE- Spicy Buffalo Chicken Salad

Creations Station 25
 Oriental Chicken & Broccoli
Favorites
 Three Cheese Quesadilla
Grill Station
 Chicken Parmesan Hoagie
Pizza Station
 Classic Calzone
Deli Station
 Roast Beef & Cheddar Baguette
SE- Chicken Pesto Salad

Creations Station 26
 Tortellini Marinara w/Garlic Bread
Favorites
 Soft Taco Bar w/All the Toppings
Grill Station
 Oven Battered Chicken Basket
Pizza Station
 Ham & Cheddar Pizza
Deli Station
 Buffalo Chicken Wrap
SE- Taco Salad

Creations Station 3/1
 Pasta Alfredo
Favorites
 Chicken Sticks Basket
Grill Station
 Buffalo Chicken Hoagie
Pizza Station
 Veggie Pizza
Deli Station
 Tuna on a Croissant
SE- Chef Salad

Creations Station 2
 Oven Roasted Chicken w/Mashed Potatoes & Green Beans
Favorites
 Penne w/Creamy Pesto Sauce & Garlic Bread
Grill Station
 Cuban Sandwich
Pizza Station
 Buffalo Chicken Pizza
Deli Station
 Chicken Salad Wrap
SE- Taco Salad

Creations Station 3
 Cavatelli w/Broccoli & Roasted Red Peppers
Favorites
 Popcorn Chicken Basket
Grill Station
 Philly Cheese Steak
Pizza Station
 Three Cheese Calzone
Deli Station
 Chicken Caesar Wrap
SE- Antipasto Salad

Creations Station 4
 Cooked to Order Belgian Waffles w/Toppings
Favorites
 Macaroni & Cheese
Grill Station
 Reuben Sandwich
Pizza Station
 Pepperoni Personal Pizza
Deli Station
 French Dip Sandwich w/Au Jus
SE- Chicken Pesto Salad

Creations Station 5
 Cavatelli w/Broccoli & Roasted Red Peppers
Favorites
 Cheesy Chili Nachos
Grill Station
 Bacon Cheeseburger
Pizza Station
 Mozzarella Sticks w/Marinara
Deli Station
 Hummus Roasted Vegetable Wrap
SE- Chicken Caesar Salad

