

September 19, 2022

Dear Parents and Guardians:

Over the past few weeks, parents and guardians have had the opportunity to review the specific lesson plans related to the new health and physical education standards. Starting today, we are asking our parent community to continue to review the lessons and make a final decision about opting out and then make your request to opt your child out of these lessons using the district form.

Note that you need not take any action if:

- 1). You are not opting your child out of the health and physical education standards.
- 2). Your child is in a grade other than grades 1,2,4,5, and 8.

The specifics of the opt-out language in the Board of Education Policy read as follows: In accordance with the provisions of N.J.S.A. 18A:35-4.7, any student whose parent presents to the Principal a signed statement that any part of the instruction in health, family life education, or sex education is in conflict with his/her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result.

To simplify the collection of parental opt-out requests, the District created an online form that reflects the requirements of the policy. Parents should click [HERE](#) to opt out of the specific health and physical education lessons. Finally, for parents who have not been able to review the specific lessons, please click [HERE](#) to start your review.

Sincerely,



Mark Toback, Ed.D.  
Superintendent of Schools