



## **NEWS RELEASE**

**Wayne Township Board of Education**  
50 Nellis, Drive, Wayne, N.J. 07470

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For Immediate Release

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### **Wayne Valley Awarded Teen Mental Health Grant**

(Wayne, NJ) – Wayne Valley High School has been selected from a competitive field of applicants and is 1 of 50 high schools in the state of New Jersey awarded a grant from the National Council for Mental Wellbeing. This \$20,000.00 grant enables up to 10% of staff to be trained and implement a teen Mental Health First Aid (tMHFA) program for Wayne Valley High School students.

As an evidence-based training program, (tMHFA) is a program geared towards students ages 15-18, which will teach students how to identify, understand and respond to signs of mental illnesses and substance use among their friends. The training is designed to empower students to have supportive conversations with their friends while also getting help from trusted adults when appropriate.

Overseeing the grant and training program will be Assistant Principal, Mr. Scott Wisniewski along with school counselors, Mr. Michael Paul, Ms. Jennifer Montana, Mr. Andrew Imperatore along with guidance of a representative from William Paterson University. The training will be implemented within Junior health classes during marking period 3 with the goal of providing students with the proper techniques and strategies to support themselves and others.

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