



# AFTER APT CLUBS FALL 2019



## RULES AND GUIDELINES:

The fall session of After APT clubs will be held on Monday through Thursday this fall. All classes will run for **6 weeks. The first classes will start on Wednesday, October 2 and run through Thursday, November 21.** There will be **no classes on Wednesday, October 9 (Yom Kippur), Thursday, October 31 (Halloween) and the week of teacher's convention, November 4 through November 8.** There will be a **make-up week added from December 2 to December 5 in the event of a school closing.** (Dates class will be held are listed next to each class.)

All clubs will run from **3:30 to 4:30 pm.** Parents are expected to pick up their child promptly at **4:30 pm** by the front entrance. Whole or partial scholarships are available to students who qualify for free / reduced lunch. Though students can take multiple classes, there is a limit of **1 scholarship** per child, per session. **We reserve the right to cancel any class with low turnout.**

Contact Georgene O'Loughlin or Gillian Carrafiello @ [afterapt.pto@gmail.com](mailto:afterapt.pto@gmail.com) if you have questions.

## REGISTRATION:

Registration is online and will begin on **Sunday, September 15 at 7:00 pm, and will close on Thursday, September 19, at the end of the day.** Everyone will receive a link via email. Registration is on a "first come-first serve" basis. Parents/ Guardians will be notified via email by the end of the day (if not sooner) **Monday, September 23** as to which class(es) their child is registered for.

Please send a **check made payable to "APT PTO" in an envelope labeled "After APT" with your child's name by Friday, September 27.** If your check is not received by **September 27,** you will **forfeit** your child's spot and it will go to the next name on the waiting list. **No exceptions will be made.**

Please be sure to check your email on days your child is scheduled for class. If a teacher has an emergency and needs to cancel class, you will be contacted through email.

## **CLASSES FOR FALL 2019 - OCTOBER 2 THROUGH NOVEMBER 21**

### TAKE 1- DRAMA CLASS WITH MS. BUSTARD

Students will get an introduction to basic drama in this class. They will learn the basic stage terminology and practice acting out various parts from different plays. They will use their imagination, creativity, listening and observation skills while gaining self confidence in speaking in front of their peers. Join us for this fun take on acting. Max students- 15

**Fee- \$ 55**

**Grades: 3 to 5**

**Monday - - 10/7, 10/14, 10/21, 10/28, 11/11, 11/18, make-up – 12/2**

**Teacher: Ms. Bustard**





# AFTER APT CLUBS FALL SESSION 2019



## FITNESS CLUB

Have fun while getting fit! Students will actively participate in cardiovascular strength and flexibility exercises. Each session will include some combination of a warm-up, circuit training, fun skill-building games, and a healthy, delicious snack. Students will learn good habits to stay active and healthy. A maximum of 25 students.

**Fee- \$55**

**Grades:** 3 to 5

**Tuesday-** 10/8, 10/15, 10/22, 10/29, 11/12, 11/19, make-up – 12/3

**Teachers:** Miss DuHaime & Ms. Maturo



## KINDNESS CLUB- BE A BUCKET FILLER

Each week will focus on a different positive character trait. We will play games, listen to stories and do crafts... this class is all about being the BEST possible you! Come join in the fun with Mrs. Bonar. Max students- 15

**KINDNESS**



**Fee- \$55**

**Grades:** K to 2

**Wednesday -** 10/2, 10/16, 10/23, 10/30, 11/13, 11/20, make-up – 12/4

**Teacher:** Mrs. Bonar

## YOGA

This class will teach the basic foundational yoga postures, including teaching how to breathe, and will promote flexibility in your body. Expect to challenge your body and your mind. Class will be taught by Aneesha Grant. Ms. Grant is a certified Yoga instructor and personal trainer and is also an APT Mom.

Max students- 15

**Fee- \$ 55**

**Grades:** 3 to 5

**Wednesday -** 10/2, 10/16, 10/23, 10/30, 11/13, 11/20, make-up – 12/4

**Teacher:** Ms. Grant



## BEGINNER DANCE MIXED WITH YOGA

This class provides a great way for young students to unwind after a long school day. Students will explore a mix of beginner dance moves while learning some yoga as well. Our goal is to help your child develop strong minds and bodies while teaching them to release tension, relax, and have fun. Max students- 15

**Fee- \$55**

**Grades:** K to 2

**Thursday -** 10/3, 10/10, 10/17, 10/24, 11/14, 11/21, make-up 12/5

**Teacher:** Ms. Cangialosi



## ORIGAMI – PAPER MAGIC

Students will explore the art of paper folding called Origami. Each week they will craft various shapes, animals, characters, etc., based upon different themes. Max students- 15

**Fee- \$55**

**Grades:** 3 to 5

**Thursday -** 10/3, 10/10, 10/17, 10/24, 11/14, 11/21, make-up 12/5

**Teacher:** Ms. Cordiera

